

CERTIFICATE

OF PARTICIPATION

This is to certify that

Henk Appelo

Has successfully participated & completed the

32km Num-Num Trail Run 2017

held at Pongola Express, MP.

TIME 06:03:46

PACE 11:21/km

OVERALL 23 of 114

GENDER 19 of 75

OPEN 13 of 44

29 July 2017, Sat

Date



BoutTime